



August 31, 2023

Dear Parents/Guardians,

Throughout the 2023-24 school year, John Ware Junior High Physical Education classes will be regularly going to the following off-campus locations:

1. Southland Leisure Centre Facilities Indoor Athletics (Sept-June)
 - a. Sport Hall
 - b. Pool
 - c. Racquetball/Squash Courts
 - d. Ice Rink (possibly if we can secure it)
 - e. Multipurpose Room
 - f. Change Rooms
2. Southland Leisure Centre Fields Outdoor Athletics (Sept-June)
 - a. Baseball Diamond
 - b. Multipurpose Fields
3. Walking field trips within the school walk zone

Students should be prepared to walk to the off-site locations listed above throughout the year, on all days of the week.

It is the responsibility of all students to come prepared for all types of weather with appropriate running shoes and John Ware gym strip. We adhere to the CBE weather guidelines. Students will need a jacket and/or hoodie and sweatpants when the weather is inclement. For class, students must be wearing a John Ware gym shirt and they must have changed into athletic bottoms and have appropriate footwear.

Students will participate in various physical education activities that focus on skill development, sportsmanship and instilling an interest in life-long activity.

As a part of this package, there are many forms that must be completed and returned to the school in early September 2023. **Forms that MUST come back SIGNED** are labeled in the top right corner, **"RETURN THIS PAGE"**. Please sign and return the following:

1. a 'Consent of Parent or Guardian and "Acknowledgement of Risk" for "A" and "B" Off-Site Activity/ies' form needs to be completed by parent(s)/guardian(s). This form is attached and must be filled out, signed and returned in early September 2023. Phone calls or handwritten notes cannot be accepted because of Calgary Board of Education Duty of Care regulations.
2. a Swimming Ability Form that is required for a student to participate in any water sports activities, should the pool at SLC become available or if we plan alternate swimming activities.
3. the Philosophy and Injury Protocol parent acknowledgment
4. the Annual Authorization for Athletic Tryout- if your student is interested in trying out for school sports teams
 - a. *Please check any/all sports that your student may be interested in trying out. Just because you check it off does not mean that they have to tryout. They must have this form completed and returned before being permitted to try out for any teams.*
5. gym strip ordering information- students should be dressed in gym strip by Sept. 21, 2023 at the latest
6. the Health and Life Skills parent exemption letter; you only return this if you do NOT want your child to participate.

Please contact Ms. McLellan at drmclellan@cbe.ab.ca with any questions or comments. The preferred method of communication is email. In any email, we ask that you provide your student's full name and grade.

Sincerely,

Ms. Dionne McLellan drmclellan@cbe.ab.ca Mr. Derek Wolf djwolf@cbe.ab.ca

learning | as unique | as every student